

Contents

Abbreviations	ix
Chapter 1	
Building on the Rock	1
Just a Thought 1; Where to Start 2; In the Beginning 3; Personal Application 4; Talk Tips 7; Action Points 7	
Chapter 2	
Together in Prayer	9
Living a Life of Prayer 10; Prayer with Your Spouse 12; Prayer in the Family 13; Personal Application 13; Talk Tips 16; Action Points 16	
Chapter 3	
Spelling Love Takes T-I-M-E	17
Her Time, His Time 18; Men and Women Are Different 19; The Key in Communication 20; Personal Application 21; Talk Tips 23; Action Points 24	
Chapter 4	
As Christ Loves the Church	25
Holy Headship 27; Holy Heart 30; Personal Application 31; Talk Tips 34; Action Points 34	
Chapter 5	
Sacred Sex	35
The FBI 36; Giving It All Away 37; Personal Application 39; Talk Tips 41; Action Points 41	
Chapter 6	
Openness to Life Equals Openness to God's Blessings	43
Unholy War 43; God's Plan for Families 45; Sterile Legacy 46; Personal Application 48; Talk Tips 51; Action Points 52	

Contents

Chapter 7

Raising the Next Generation 53

Know the Goal 54; Know the Way 55; Keep Your Eye on the Ball 57; Stay the Course 58; Personal Application 59; Talk Tips 62; Action Points 62

Chapter 8

Money Matters 63

The Tithes That Bind 64; Living Free of Debt 68; Credit Cards 70; Home Loans 70; Car Loans 71; Personal Application 72; Talk Tips 73; Action Points 74

Chapter 9

Restoring Catholic Culture 75

The Power of Prayer 77; Sacramental Grace: Our Secret Weapon 78; The Family That Prays (and Fasts) Together Stays Together 78; Personal Application 79; Talk Tips 80; Action Points 80

Chapter 10

We're on a Mission from God 83

The Right to Be Heard 84; Put Out into the Deep 85; Personal Application 86; Talk Tips 88; Action Points 88

Leader's Guide 89

Additional Resources 101